

# The Anglican Diocese of Nelson



## Grocery Shopping Support Procedure for Parishes – *Updated*

*Current as at 1 April 2020*

**Before implementing this service to parishioners, the parish must contact the Health and Safety Coordinator on 021 722 013 to discuss these guidelines.**

During the Level 4 Lockdown Parishes may find that some parishioners are unable to leave home to do their grocery shopping, and struggle to access online deliveries. People aged 70 and over are ***strongly encouraged*** not to leave their home (except for light exercise) and should seek alternative methods for doing grocery shopping.

The same advice applies to people who are immunocompromised or have underlying health conditions such as asthma, diabetes and respiratory conditions.

### **Existing Help Available**

People unable to do grocery shopping may be able to access help through the following ways:

- Online shopping through Countdown or a Fresh Choice Supermarket
- A close family member or close trusted friend doing the grocery shopping for them
- A neighbour or agency support worker doing the grocery shopping for them
- Contacting the Nelson City Council Welfare phone line on 03 546 0200
- Contacting the Tasman District Council Welfare phone line on 03 543 8400
- Contacting the Marlborough District Council Welfare phone line on 03 520 7400

### **Parishes offering support with grocery shopping**

Parishes may choose to offer parishioners support with grocery shopping if none of the above options are available to the parishioner. The options listed above have official responsibility for offering a service of this kind, and our service should be used when the official options have been exhausted.

Parishes who choose to offer this service, must adhere to the following procedure. Parishes requiring further clarification or advice should contact the Diocesan Health and Safety Coordinator Rachel Boyack at [HS@nelsonanglican.nz](mailto:HS@nelsonanglican.nz) or by phoning 021 722 013.

### **Procedure:**

1. Parishes may only offer this service to existing parishioners who cannot access other support through a family member, close trusted friend, neighbour or agency.
2. Volunteers must only offer a grocery purchase and/or pickup service and must not distribute cooked meals or food from their own homes.
3. Volunteers may support a parishioner provided they live in close proximity to them (in the same suburb). Volunteers are not permitted to travel long distances or outside of their neighbourhood / suburb to undertake this volunteering activity.
4. Volunteers may only support 1-2 parishioners or households with this volunteer activity. This is to limit the likelihood and risk of community transmission.
5. Volunteers must be aged under 70 and fit and healthy to perform this task.

6. Volunteers must be Police and Reference checked. If the Volunteer is not Police checked but is well known to the Vicar or Priest in Charge they may be able to assist with this task. Contact the H&S Coordinator to discuss first.

#### **At the supermarket:**

1. Volunteers must wash hands prior to driving to the supermarket.
2. Volunteers must sanitise the trolley and use hand sanitiser on entrance to the supermarket.
3. Volunteers must use their own clean bags for packing groceries. These can be existing re-usable bags that have been wiped down with anti-viral disinfectant or dish-washing liquid. Alternatively, new bags may be purchased at the supermarket or cotton bags used that have been washed and dried.
4. Volunteers must maintain physical distancing of 2m between themselves, staff and other shoppers
5. Volunteers must sanitise their hands again on exiting the supermarket.

#### **Dropping off the groceries:**

1. Volunteers must use hand sanitiser before picking up the groceries and leaving them in a safe place for the recipient.
2. Volunteers may knock on the door to alert the recipient the groceries have arrived.
3. Conversations between volunteers and recipients are discouraged and must only occur through a door or closed window, maintaining at least 2m of physical distance and be brief (1-2 minutes).
4. Volunteers must wash their hands thoroughly when they return home.

#### **Payment:**

1. No cash is to change hands between the recipient and volunteer, as the virus can be transferred using paper.
2. Ideally the recipient and volunteer will be known to one other and an internet banking transaction can occur.
3. Alternatively, the Parish may be in a position to pay for the groceries and seek reimbursement later.