



MUST KNOW BIBLE STORIES stories worth exploring

| Reflection Stations

Reflection Stations

What you need:

Instruction sheets printed out plus

SIN: Whiteboards and pens

REPENTANCE: Felt-tips. Cards with an outline of the word 'sorry' on oneside and 'I'm going to' written on the other. Washing line and pegs.

BEING FORGIVEN: Whiteboard erasers and pens.

FORGIVING OTHERS: bowl of water with pebbles aorund it.

RESTORATION: A3 sheet with WELCOME on it. Post its and pens.

BIBLES AND QUESTIONS: A selection of Bibles, post its and pens.

REPENTANCE

To repent means to say sorry and to change your behaviour, to fix the problem. Remember this is what the younger son did in the story.

Take one of the slips of paper. Colour in the word sorry.

As you colour think about what you wrote on your whiteboard. Who do you need to say sorry to? If you want to you could quietly say sorry to God.

Now turn the paper over and finish the sentence on the back. How are you going to change your behaviour to show you're really sorry?

Now peg your paper up on our sorry line.

BEING FORGIVEN

You'll need your whiteboard for this.

Christians believe that when we say sorry to God, He forgives us. Just like the Father forgave the younger son in the story. That means he doesn't keep reminding us about what we did wrong, or hold it against us.

Take your whiteboard, and imagine saying sorry for what you've written on it. If you

want to you can quietly pray in your head saying sorry to God.

Wipe your whiteboard clean to remind you that when you are forgiven it's like you're wiped clean to start again.

How does that make you feel? Write or draw a face showing that on your whiteboard. Leave your whiteboard on the table.

FORGIVING OTHERS

In front of you are some stones. Take one and hold it tightly in your hand. Think about a time someone else did or said something which hurt you.

Let the stone represent the pain you feel when you remember what the other person said or did. Hold it tight for a moment – you will probably have strong feelings: anger, sadness, a heavy heart. You may long for justice or even revenge. Think about what these feelings do to you.

Do you want to take these feelings with you? Or would you rather let them go? To choose to let go of the hurts is to forgive. Jesus said 'If you forgive someone's sins, they're gone for good. If you don't forgive sins, what are you going to do with them?' What will you do with your hurts? Will you carry them forever, or will you choose to let them go?

If you don't feel you can let them go, put the stone back. If you have chosen to let the hurts go, place the stone into the bowl of water. Watch the water cover it. Remind yourself that you have chosen to let go. You may need to remember this in the days ahead.

WELCOMING OTHERS.

We talked about the word 'restoration'. Restoring or fixing our friendships when they've been hurt or broken. Just like the Father in the story welcomed back his son and threw him a party.

Is there a friendship you need to fix? Do you need to welcome somebody back? Think about how you could do that and write it on the post it. Stick it on the poster. If you want to you could quietly ask God to help you restore your friendship.

BIBLES and ANY QUESTIONS

Spend some time reading the Bible. Can you find the story of the Prodigal Son? Can you find other stories you know? Read whatever you like.

Do you have any questions about what we've learnt? Or about God? Or the Bible? Or Christians? Write them on a post it and stick them here.